



BAY AREA ALUMINUM SERVICES, INC. Since 1972
 • Lic. # C2399 • Lic. # C6060

ROOM ADDITIONS

- Carports • Awnings
- Acrylic, Glass & Screen Enclosures
- And More! •

FREE ESTIMATES
727-585-4442

12350 Belcher Road • Bldg. #5-K • Largo
 50 ★ Bonded • Insured • Licensed • Free Estimates 40

SEPTEMBER • 2023 Palm Hill Wellness Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OCTOBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31					1	2
4pm-5pm: Sunday Worship (N) 3	8am-10am: Coffee (N) 4 8:30am-4:30pm: Holiday Office Schedule 2023 6pm: Palm Hill Summer Walking Club Labor Day	10am-11am: Water Aerobics (N) 5 7pm-10pm: Bingo (N)	8am-10am: Coffee (S) 6 9am-12pm: Free Ear Wax Removal (S) 1pm: Mahjong (N)	3:45pm: North Food Distribution (N) 7 7pm-10pm: Bingo (S)	10am-11am: Water Aerobics (N) 8 1pm: Hand and Foot (N) 5:30pm: Potluck Dinner/Game Night (S)	RAYS VS SEATTLE 4:05pm 9
10	8am-10am: Coffee (N) 11 6pm: Palm Hill Summer Walking Club Patriot Day	10am-12pm: Planning & Environmental Meeting (S) 12 10am-11am: Water Aerobics (N) 7pm-10pm: Bingo (N)	8am-10am: Coffee (S) 13 1pm: Mahjong (N) 3pm-4pm: Ukulele Club (S)	10am: Craft Class (S) 14 7pm-10pm: Bingo (S)	10am-11am: Water Aerobics (N) 15 1pm: Hand and Foot (N) 6:30pm-9pm: Obi-Time Karaoke & Dance Party with DJ Chuck Obi (N)	16
17	8am-10am: Coffee (N) 18 6pm: Palm Hill Summer Walking Club	10am-11am: Water Aerobics (N) 19 7pm-10pm: Bingo (N)	8am-10am: Coffee (S) 20 1pm: Mahjong (N) 4pm: Gathering of Men	11am: Cooking Class (S) 21 7pm-10pm: Bingo (S)	10am-11am: Water Aerobics (N) 22 1pm: Hand and Foot (N)	7pm: Beer Tasting (S) 23 First Day of Autumn
6:30pm: Movie Night At Palm Hill (S) 24	8am-10am: Coffee (N) 25 6pm: Palm Hill Summer Walking Club 6:30pm: Bunco (S)	10am-11am: Water Aerobics (N) 26 7pm-10pm: Bingo (N)	8am-10am: Coffee (S) 27 1pm-3pm: Board Meeting (N) 1pm: Mahjong (N)	7pm-10pm: Bingo (S) 28	10am-11am: Water Aerobics (N) 29 1pm: Hand and Foot (N) 1pm: Sip-n-Paint (S)	30



BOSS ELECTRIC

We Specialize in **MOBILE HOMES**
EMERGENCY SERVICE AVAILABLE



BBB

- Family Owned & Operated
- Surge Protection
- Ceiling Fan Wiring
- Panel Upgrade & Repair

10% OFF LABOR with this ad*
*DISCOUNT DOES NOT APPLY TO ESTIMATED WORK ONLY SERVICE CALLS, CAN'T BE COMBINED

FREE ESTIMATES
791-1308

Senior & Military DISCOUNTS
www.bosselectriccorp.com

21 ★ Lic. EC13005634 Bonded & Insured 14

